



Greetings, First Class Club Members!

I hope that the first several months of the year have treated you well. For me, it sure seems to have gone by fast. The perception of time seems to speed up as we age, with the common saying “the older you get, the faster time goes by” reflecting this. This phenomenon is linked to our brain’s interpretation of how much time we have experienced and the relative importance of each period in our lives. A week feels so much longer to a child because it represents a much larger fraction of the child’s life compared to an older person.

On behalf of everyone here at First Bank & Trust, enjoy your “time” and have a relaxing summer.



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The bad news is time flies. The good news is you’re the pilot.
—Michael Altshuler

Upcoming Events

CALENDAR



JUNE

- 5 World Environment Day
- 14 Flag Day
- 15 Father’s Day
- 19 Juneteenth
 - Bank location closed.
- 20 First Day of Summer
- 21 International Day of Yoga

JULY

- 2 National Ice Cream Day
- 4 Independence Day
 - Bank location closed.
- 28 Parent’s Day

SUMMER BUCKET LIST

- | | | |
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| <input type="checkbox"/> Take a nearby road trip to try some amazing food. | <input type="checkbox"/> Go driving without a destination. | <input type="checkbox"/> Visit a coffee shop you have never been to. |
| <input type="checkbox"/> Visit a local brewery or winery. | <input type="checkbox"/> Attend an outdoor concert or music festival. | <input type="checkbox"/> Sit outside in the evening and enjoy the night sounds. |
| <input type="checkbox"/> Take a day trip to a town/city you have never been to. | <input type="checkbox"/> Enjoy a tasty BBQ (even if it is takeout). | <input type="checkbox"/> Plant some cute plants. |
| <input type="checkbox"/> Go on a picnic in a park. | <input type="checkbox"/> Find a “hidden gem” nearby. | <input type="checkbox"/> Get dinner at a food truck. |
| <input type="checkbox"/> Spend a full day in nature. | <input type="checkbox"/> Take a beach or lake trip. | <input type="checkbox"/> Go to a farmer’s market. |